

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday!</b>  <b>Sharon 10/7</b> <b>Helen H. 10/11</b> <b>Norbert 10/22</b> <b>Connie 10/25</b>	9:45: Sunrise Exercise 10:30: Today in History 11:15: Finish the Sentence <b>1:30: Manicures &amp; Massages</b> 2:30: Welcome to October 3:00: My 2 Cents 3:30: Afternoon Exercise <b>4:00: Pet Therapy - Gunner</b> 4:00: Bingo 6:15: Give or Take Dice 7:00: Dominoes	9:45: Sunrise Exercise 10:30: Today in History 11:15: Baseball Bounce 1:15: Bingo 2:00: Trivia Tuesday 2:45: Card Club 3:30: Stretch and Unwind 4:00: Musical Melodies 6:15: Ladder Golf 7:00: Cut the Cards  Simchat Torah	9:45: Sunrise Exercise <b>10:00: Art Therapy with Xene</b> 10:30: Today in History 11:15: Horse Races 1:15: Bingo 2:15: Box Car Willie 2:30: Country Side Drive 3:30: Afternoon Exercise 4:00: Group Crossword <b>6:00: Music with Dave W.</b>	9:45: Sunrise Exercise 10:30: Today in History <b>11:00: Sewing with Sondra</b> <b>1:00: Music with Harry</b> 2:00: Bingo 3:00: Alphabet Story 3:30: Strength Training 4:00: Whose Capital is it? 6:30: Guy's Night	9:45: Sunrise Exercise 10:30: Today in History 11:15: Target Toss 1:15: Bingo 2:30: The Frozen Scoop 3:00: Flag Facts 3:30: Afternoon Exercise 4:00: Jeopardy 6:15: Kerplunk 7:00: Color & Relaxation	<b>9:30: Catholic Service</b> 10:15: Today in History 11:00: Ladder Golf 1:15: Tic Tac Toe Tournament <b>2:00: Chapel Rev. Fagerland</b> 3:00: Word Search 3:30: Afternoon Exercise 4:00: Cover Dice 6:30: Classic TV Series <b>TBD: Iowa Hawkeyes Game</b>
9:45: Sunrise Exercise 10:30: Today in History 11:00: Hymn Singing 1:15: Bingo 2:00: Coffee & Trivia 2:45: Pig Out Game! 3:30: Afternoon Exercise 4:00: Name that Song 6:30: Movie & Popcorn	9:45: Sunrise Exercise 10:30: Today in History 11:15: Ping Pong Basketball 1:15: Bingo 2:00: Cranium Crunches 2:45: Manicures <b>3:45: Music Therapy with Amy</b> 6:15: Scrabble 7:00: Color Square Match-up  Columbus Day (US) Thanksgiving Day (Canada)	9:45: Sunrise Exercise 10:30: Today in History 11:15: Bean Bag Toss 1:15: Bingo 2:00: Mathematicians 2:45: Craft Club 3:30: Stretch and Unwind 4:00: Pictionary 6:15: Egg Carton Shake-up 7:00: Riddle me This	9:45: Sunrise Exercise 10:30: Today in History 11:15: Washers 1:15: Bingo 2:30: Glenn Miller/CSD 3:30: Afternoon Exercise 4:00: Musical Melodies 6:15: Left, Right, Center 7:00: Book Club	9:45: Sunrise Exercise 10:30: Today in History 11:00: Balloon Volleyball 1:15: Bingo <b>2:00: Taste Test with Chef</b> 2:45: Book Club 3:30: Strength Training 4:00: Match the Saying 6:30: Puzzle Night	9:45: Sunrise Exercise 10:30: Today in History 11:00: Wii Bowling 1:15: Bingo 2:00: Jeopardy 2:45: The Frozen Scoop <b>3:45: Music with Alice</b> 6:15: Sorry! Board Game 7:00: Color & Relaxation	<b>9:30: Catholic Service</b> <b>10:00: Music with Dave P</b> <b>11:00: Iowa Hawkeyes Game</b> 11:15: Name 10 1:15: What comes first? <b>2:00: Chapel Rev. Fagerland</b> 3:00: Race to fill the Cup 3:30: Afternoon Exercise 4:00: Roll the Beans 6:30: Classic TV Series
9:45: Sunrise Exercise 10:30: Today in History 11:00: Hymn Singing 1:15: Bingo 2:00: Coffee & Trivia 2:45: Art & Aromatherapy 3:30: Afternoon Exercise 4:00: Would you rather? 6:30: Movie & Popcorn	9:45: Sunrise Exercise 10:30: Today in History 11:00: Ping Pong Pans 1:15: Bingo 2:00: Who, What, When? 2:45: Qwirkle 3:30: Afternoon Exercise <b>4:00: Pet Therapy - Gunner</b> 4:00: Memory Card Match-up 6:15: Jack Straws 7:00: Would you Rather	9:45: Sunrise Exercise 10:30: Today in History 11:00: Cornhole 1:15: Bingo 2:00: Word Genius <b>3:00: The Heartland Band</b> 4:00: Trivia Tuesday <b>6:00: Music with Shima &amp; O'Dean</b>	9:45: Sunrise Exercise 10:30: Today in History 11:00: Bean Bag Ladder Toss 1:15: Bingo 2:30: Anthony Burger/CSD 3:30: Afternoon Exercise 4:00: Musical Melodies 6:15: Skip-Bo 7:00: Book Club	9:45: Sunrise Exercise 10:30: Today in History 11:00: October Hangman <b>1:15: Songs with the La La Ladies</b> 2:00: Toss Up Game 2:45: Detective Agent 3:30: Strength Training 4:00: Hollywood Flashback 6:30: Guy's Night	9:45: Sunrise Exercise 10:30: Today in History 11:00: Ring Toss 1:15: Bingo 2:00: Plink-o 2:30: The Frozen Scoop 3:00: President Facts 3:30: Afternoon Exercise 4:00: Jeopardy 6:15: Yahtzee 7:00: Color & Relaxation	<b>9:30: Catholic Service</b> 10:15: Today in History <b>11:00: Iowa Hawkeyes Game</b> 11:15: Putt-Putt Golf 1:15: What year was it? <b>2:00: Chapel &amp; Communion</b> 3:00: Football Trivia 3:30: Afternoon Exercise 4:00: Dice 21 6:30: Classic TV Series
9:45: Sunrise Exercise 10:30: Today in History 11:00: Hymn Singing 1:15: Bingo 2:00: Coffee & Trivia 2:45: Art & Aromatherapy 3:30: Afternoon Exercise 4:00: This or that? 6:30: Movie & Popcorn	9:45: Sunrise Exercise 10:30: Today in History 11:00: Twister Toss 1:15: Bingo 2:00: Finish the Line 2:45: Pumpkin Puzzle 3:30: Afternoon Exercise 4:00: Think Again 6:15: Popsicle Copy Cat 7:00: Pass the Hat	9:45: Sunrise Exercise 10:30: Today in History 11:00: Wii Bowling 1:15: Bingo 2:00: Trivia Tuesday 2:45: Card Club 3:30: Stretch and Unwind 4:00: Baseball 6:15: UNO 7:00: What comes first?	9:45: Sunrise Exercise 10:30: Today in History <b>11:00: Ellen's Faith with Friends</b> 1:15: Bingo 2:30: Iowa Portrait/CSD 3:30: Afternoon Exercise 4:00: Musical Melodies 6:15: Word Search 7:00: Book Club	9:45: Sunrise Exercise 10:30: Today in History 11:00: Ladder Golf 1:15: Bingo <b>2:00: Coolidge Elementary Crafts</b> 2:45: Storytelling 3:30: Strength Training 4:00: Speedy Recall 6:30: Guy's Night	9:45: Sunrise Exercise 10:30: Today in History 11:00: Table Hockey 1:30: Bingo <b>2:30: October Birthday Party</b> 3:30: Afternoon Exercise 4:00: Jeopardy 6:30: Movie & Popcorn	<b>9:30: Catholic Service</b> 10:15: Today in History 11:00: Group Crossword 1:15: Manicures <b>2:00: Chapel Rev. Fagerland</b> 3:00: Joggin' your Noggin' 3:30: Afternoon Exercise 4:00: Horse Races 6:30: Classic TV Series <b>TBD: Iowa Hawkeyes Game</b>
9:45: Sunrise Exercise 10:30: Today in History 11:00: Hymn Singing 1:15: Bingo 2:00: Coffee & Trivia 2:45: Red Head & Squirrely Facts 3:30: Afternoon Exercise 4:00: Finish the Drawing <b>6:30: Halloween Parade</b>	9:45: Sunrise Exercise 10:30: Today in History 11:00: Frisbee Golf 1:15: Bingo 2:00: John Denver 2:30: Country Side Drive 3:30: Let Loose & Laugh 4:00: Memory Magic 6:15: Card Club 7:00: HexiCards	9:45: Sunrise Exercise 10:30: Today in History 11:00: Bingo 1:15: Pumpkin Carving 1:45: Trivia Tuesday 2:30: Pumpkin Seeds 3:00: Book Club 3:45: Stretch and Unwind 4:15: Place smile on Jack-o-lantern 6:15: Board Games! 7:00: Great Pumpkin Charlie Brown	9:45: Sunrise Exercise 10:30: Today in History 11:00: Pumpkin Bowling 1:15: Pumpkin Prizes 2:00: Knock-Knock Jokes <b>2:30: Halloween Party!</b> 3:30: Afternoon Jazzercise 4:00: Bingo 6:15: Halloween Hangman 7:00: Book Club  Halloween			

\*\*Activities are subject to Change